Community Resource Goodhue Wabasha Pierce County



| Goodhue County Health and Human Services | 651.385.3200 |
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| Wabasha County Public Health | 651.565.5200 |
| Pierce County Public Health | 715.273.6755 |
| Pepin County Health Department | 715.672.5961 |

Services include home visits for pregnancy postpartum and parenting, car seats, services to children with special needs and education regarding prevention of child abuse and domestic violence.

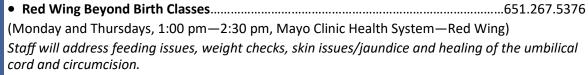


| International Board Certified Lactation Consultants | 651.267.5376 |
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| Prenatal Breast Milk Collection Education Classes | 651.267.5376 |
| WIC—Women, Infants & Children Program | |
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Postpartum Support

| Lake City Area Baby Café | 651.267.5376 |
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| (Wednesdays, 12:30 pm—2:30 pm, Lake City Library) | |
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Baby Cafes are a breastfeeding drop-in group for pregnant and breastfeeding moms, dads and families.



Other Breastfeeding Resources

| Goodhue Wabasha Pierce County Breastfeeding Coalition | 651.267.5376 |
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| Mother's Gift—Milk Depot in Red Wing | 651.385.6163 |

Family Planning Resources

| First Choice Clinic—Red Wing | 651.267.4357 |
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| Life Choice—Cannon Falls | 507.263.8000 |
| Options for Women—River Falls | 715.425.8539 |
| Pierce County Reproductive Health Clinic—River Falls | 715.425.8003 |

Other Resources

| Help ivie Grow | 800.093.4709 |
|---------------------------|-------------------------|
| CDC Milestone Tracker app | cdc.gov/MilestoneTracke |

• Poison Control.......800.222.1222









